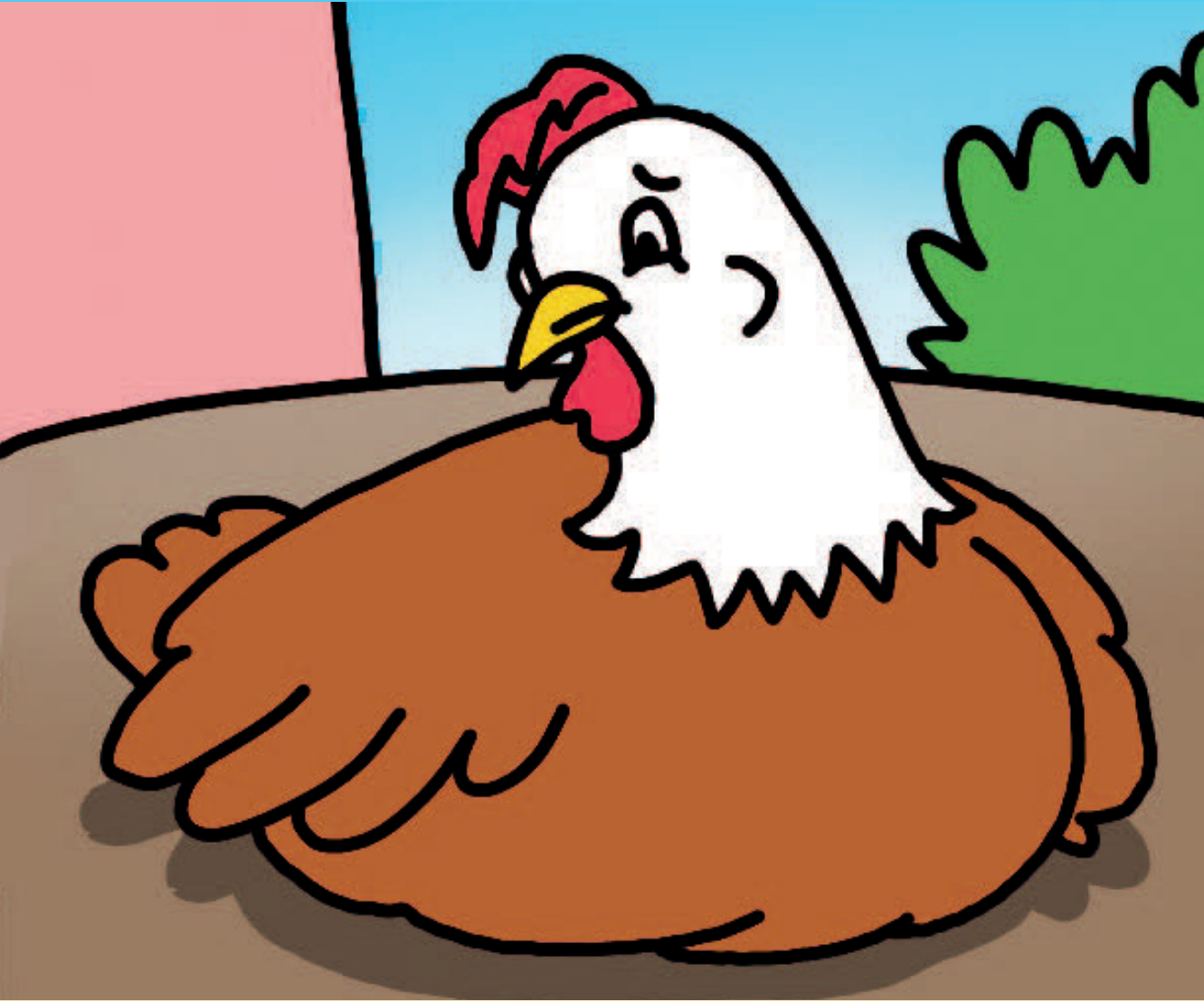


Hetty gets healthy



SECOND EDITION

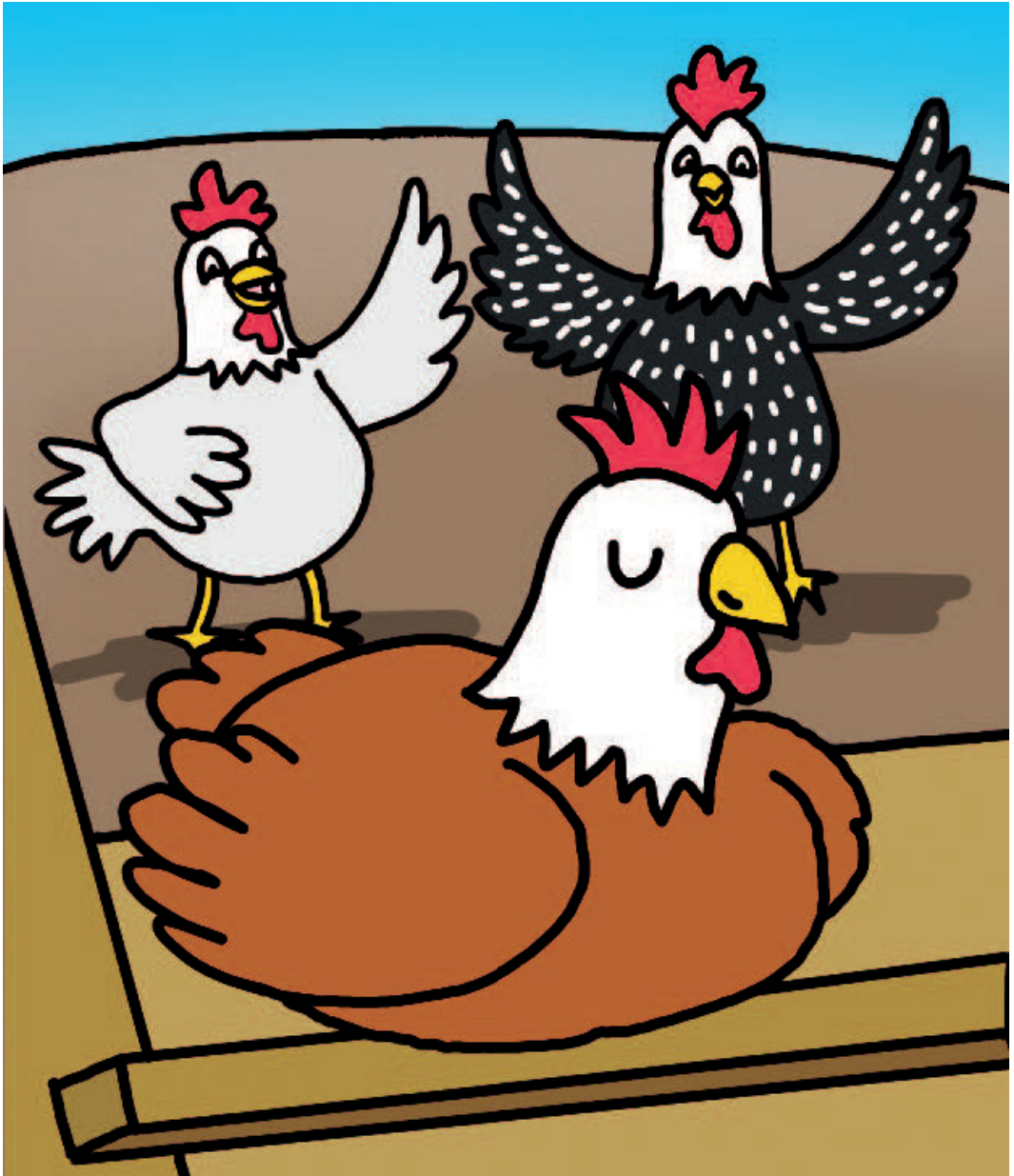
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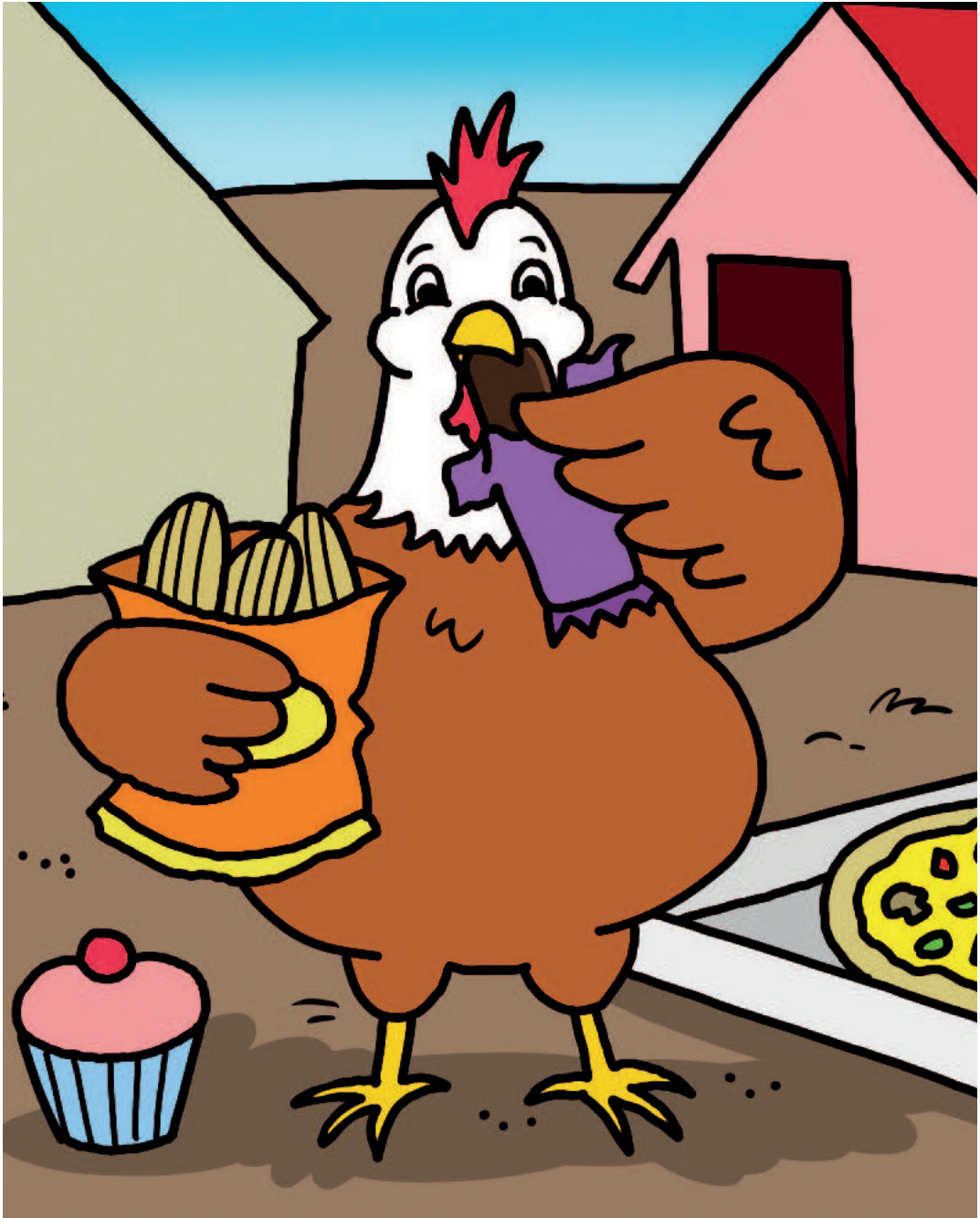
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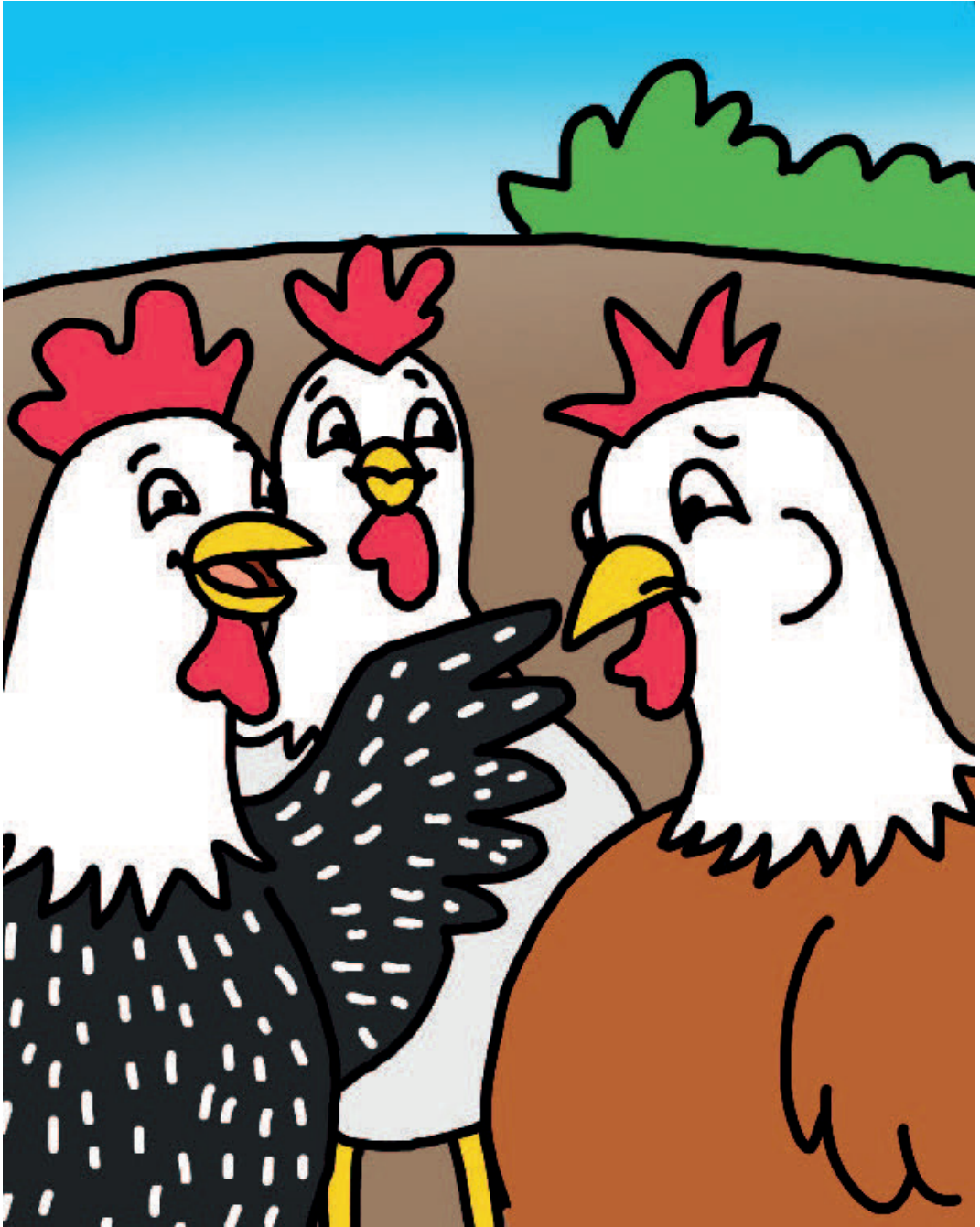
Hetty was an unhealthy hen.
She never did exercises. She
slept all day.



She ate lots of unhealthy food.



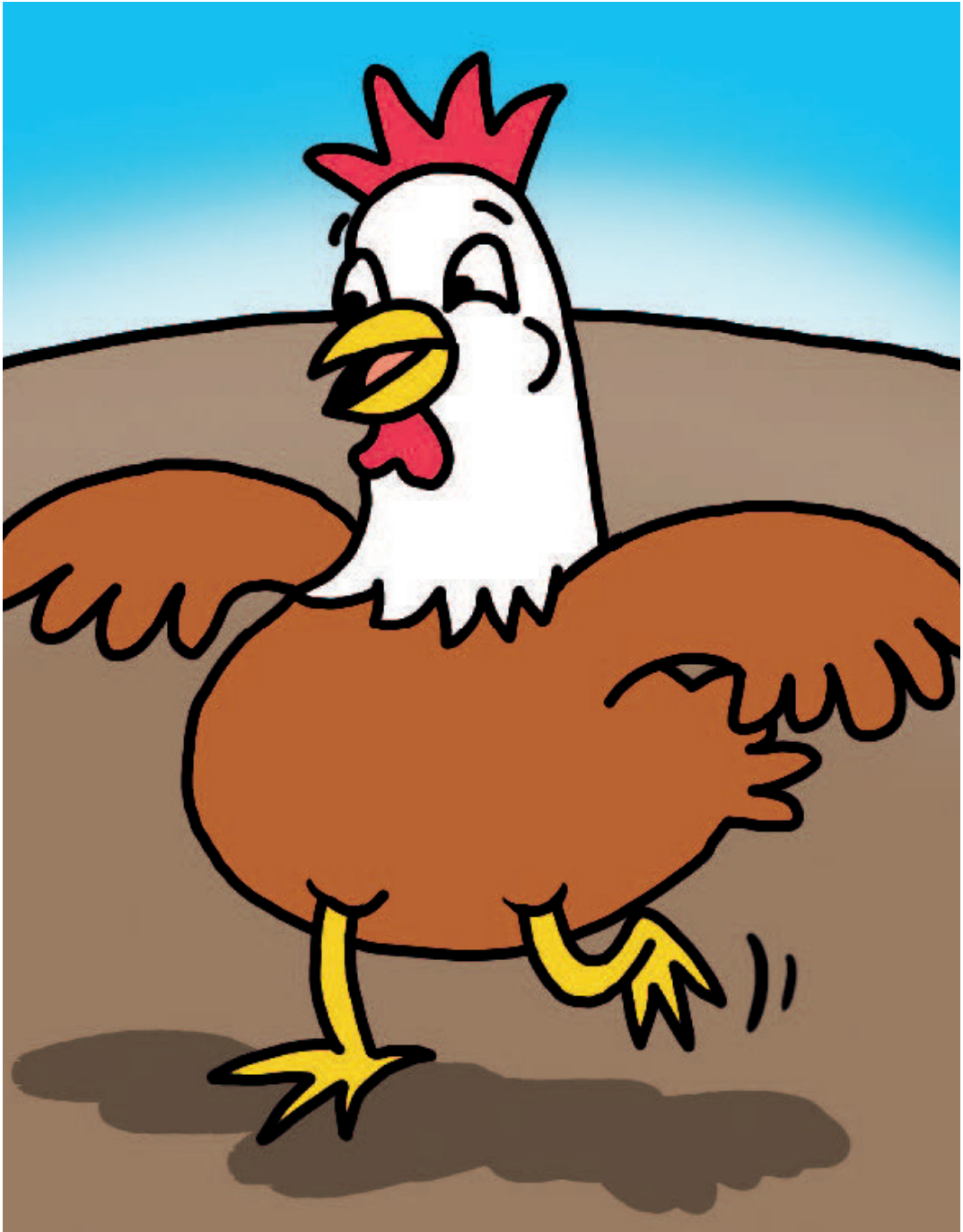
One day, Hetty saw a poster for a Hen Race.



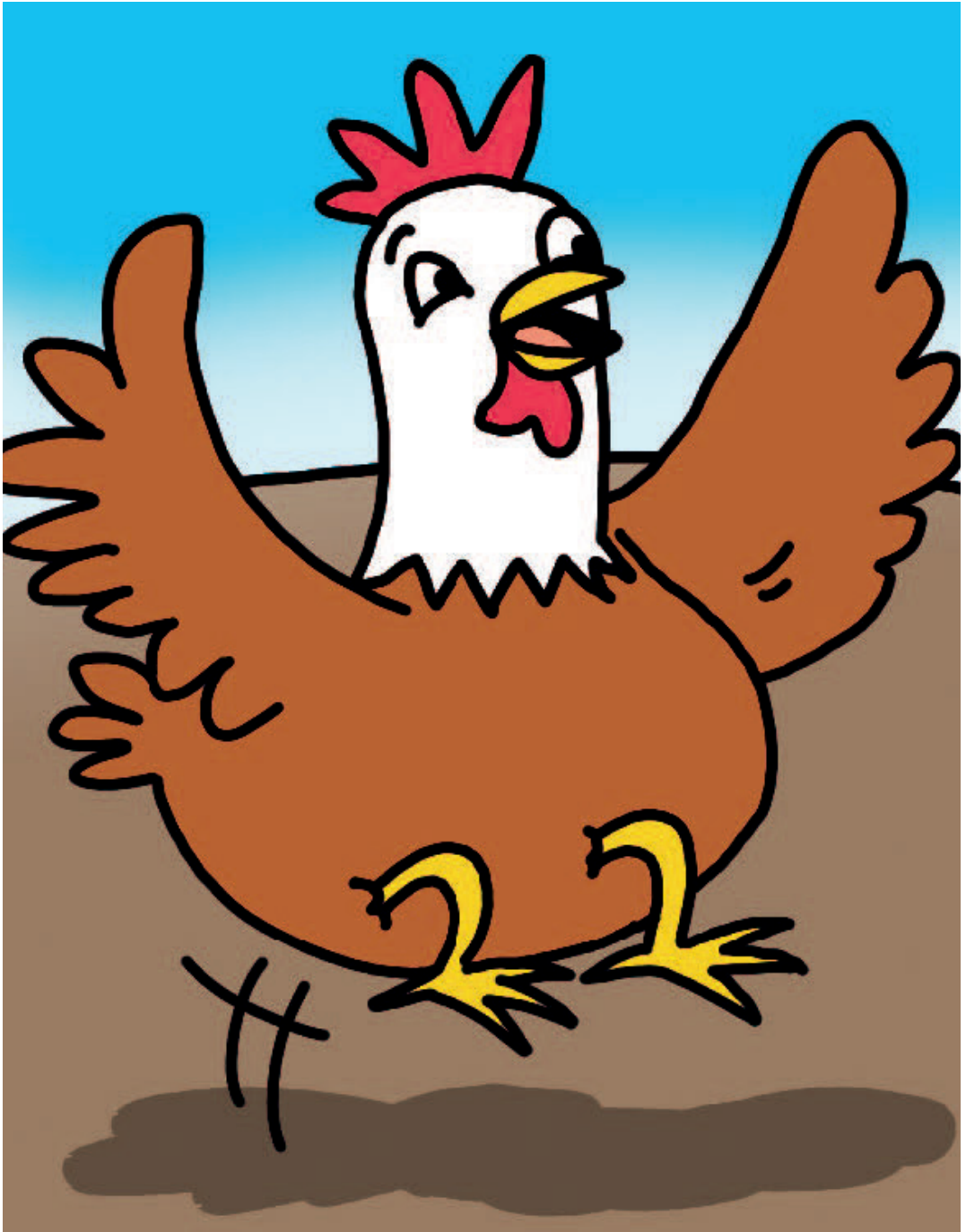
Hetty wanted to enter the race.
Her friends decided to help her.



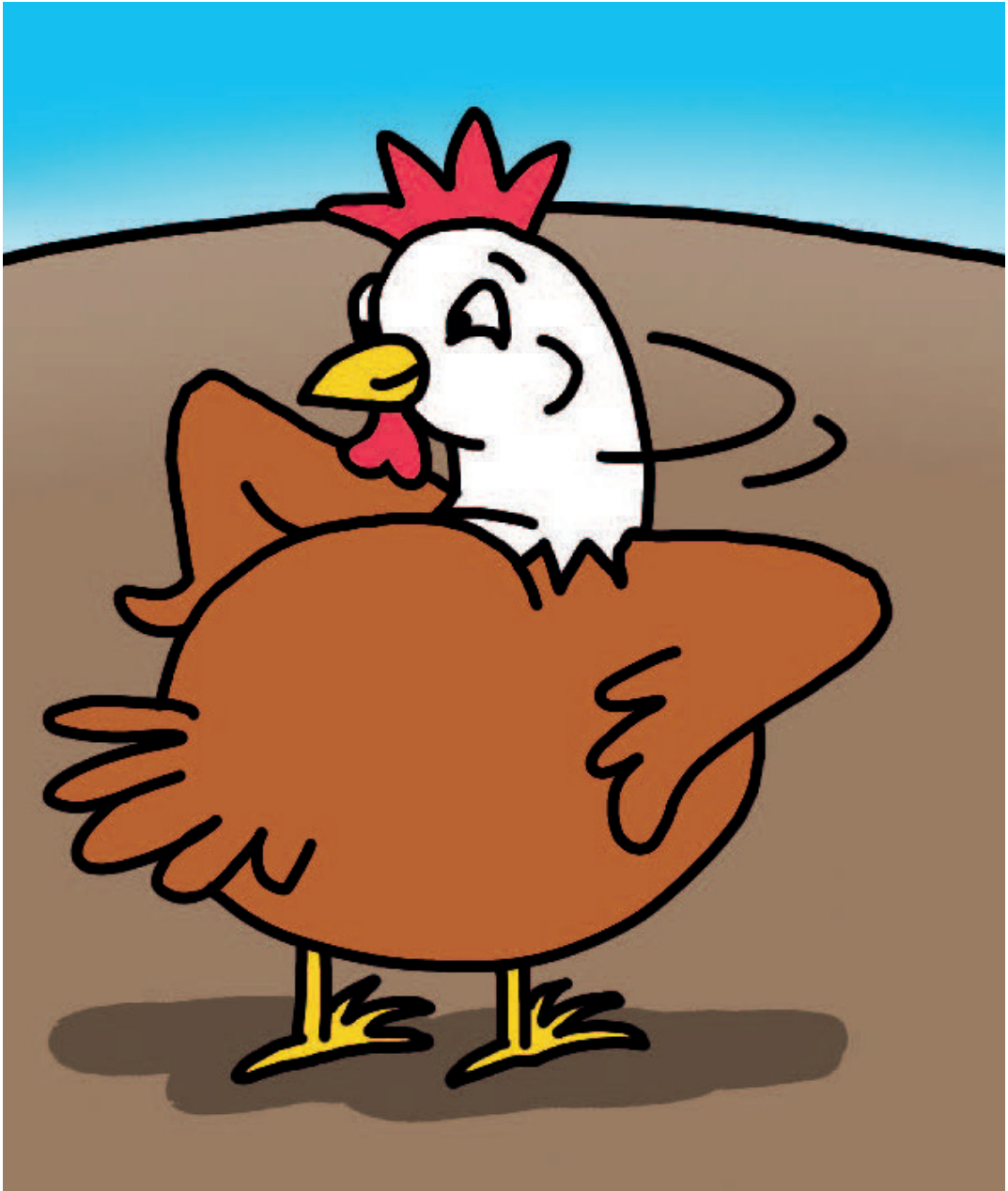
They wrote an exercise plan for Hetty.



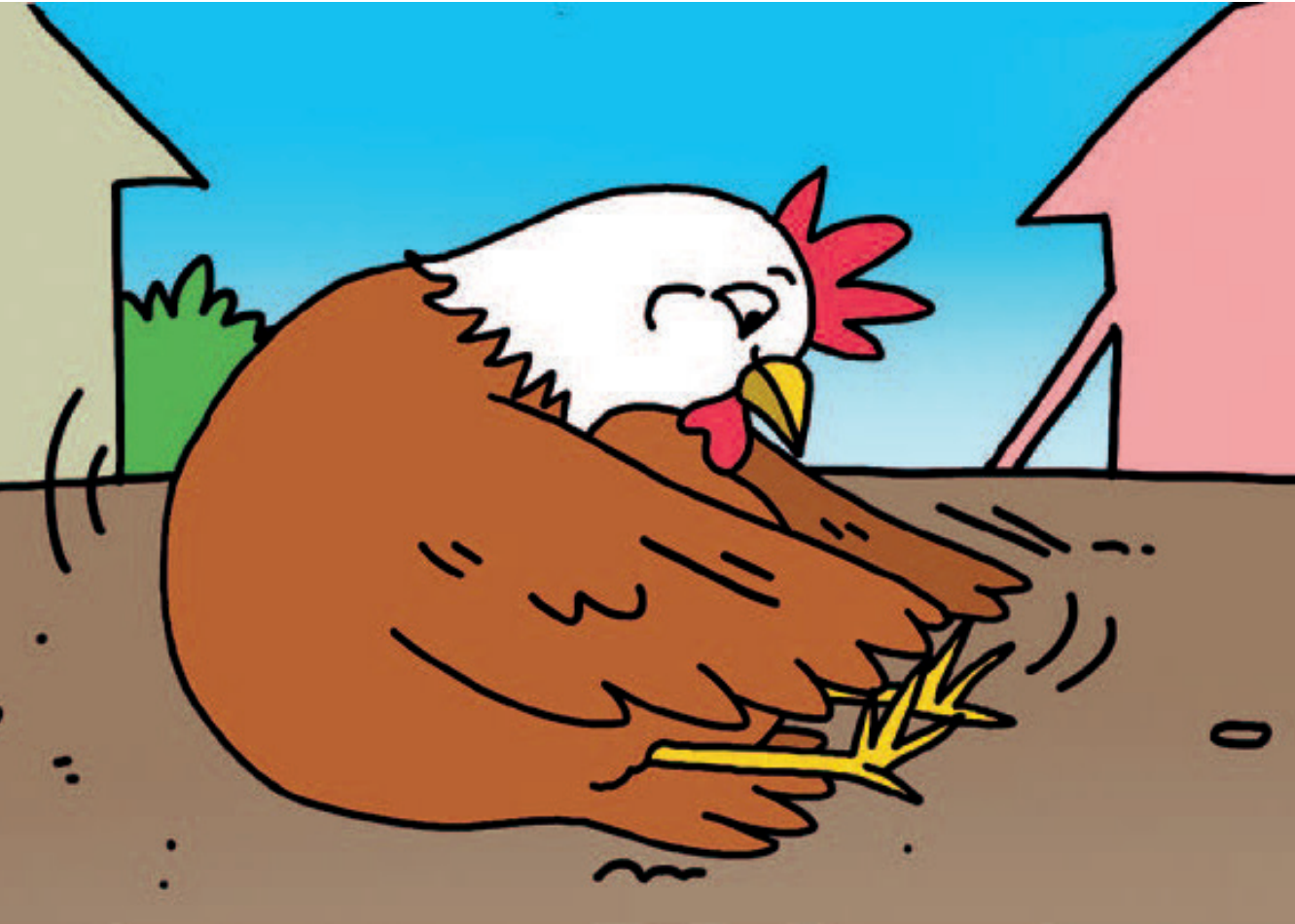
On Monday, Hetty did five hops.



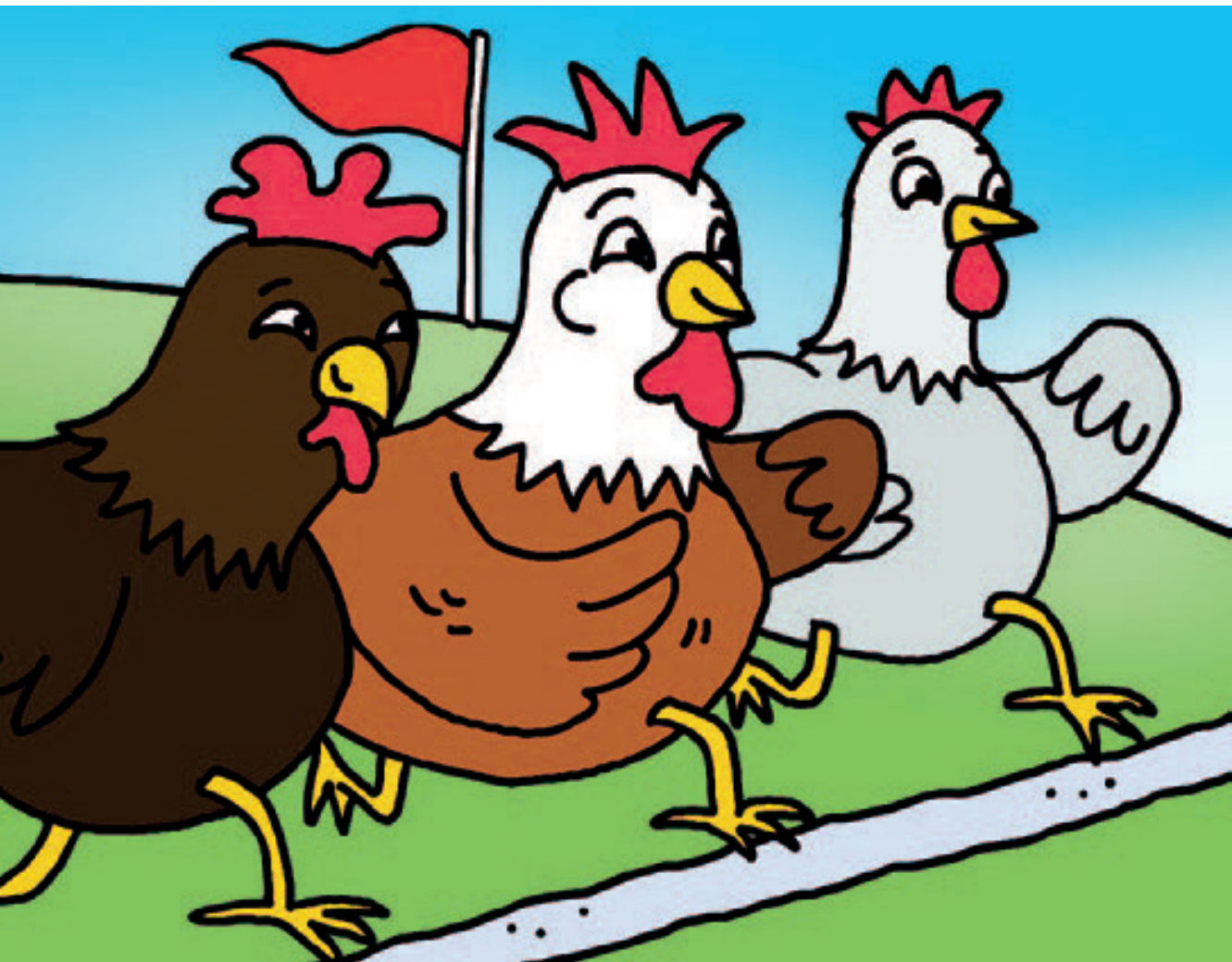
On Tuesday, Hetty did five hops
and seven jumps.



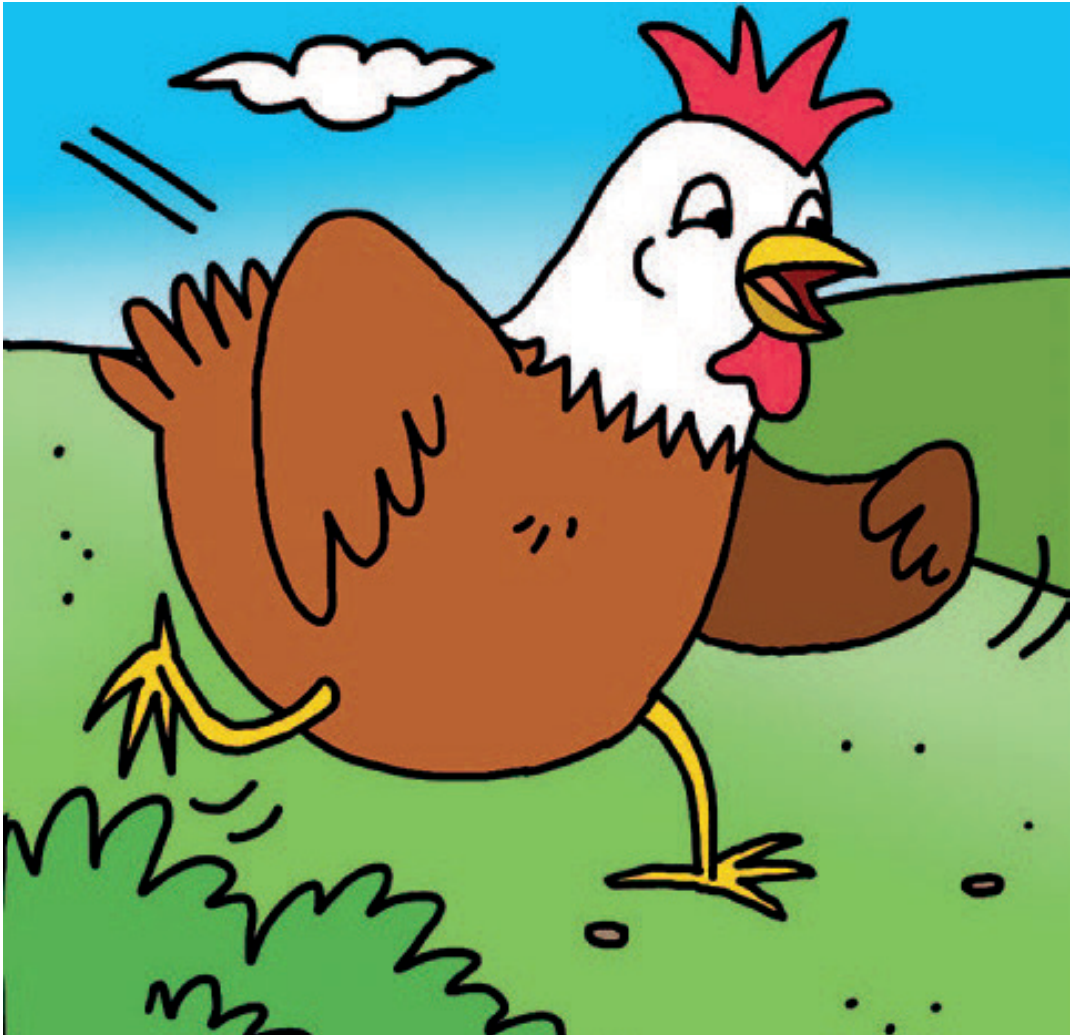
On Wednesday, Hetty did five hops, seven jumps, and nine twists.



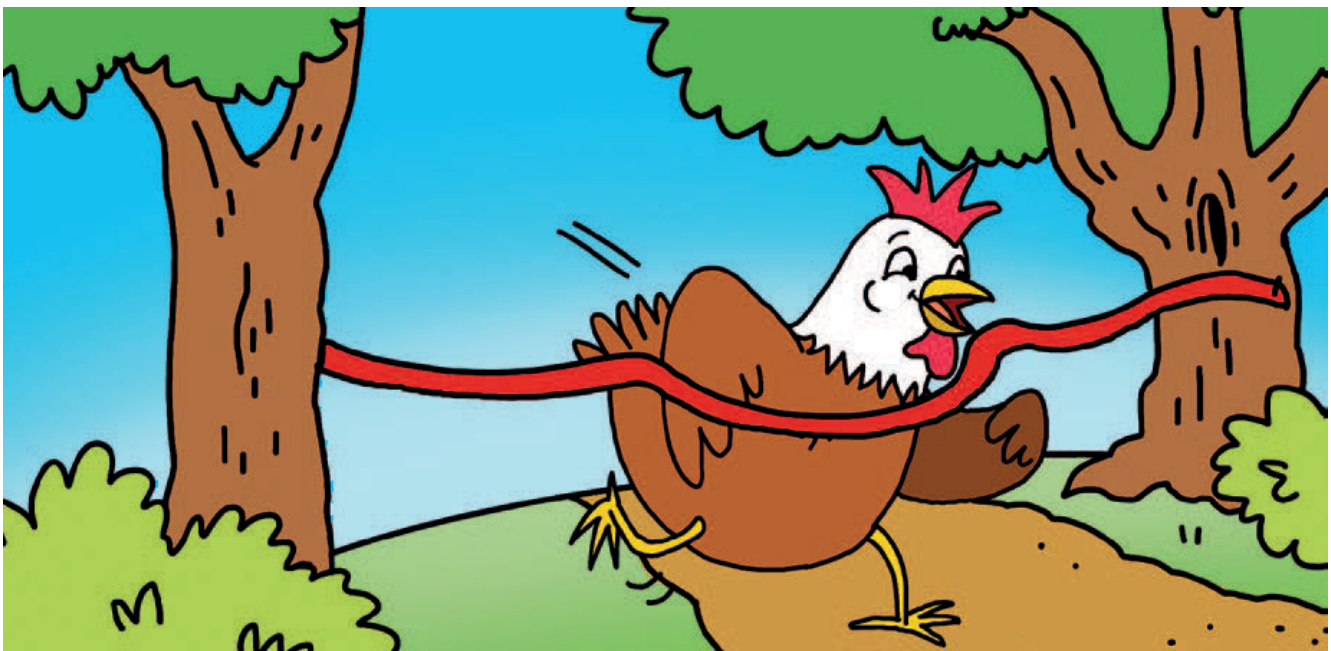
On Thursday, Hetty did five hops, seven jumps, nine twists and eleven bends.



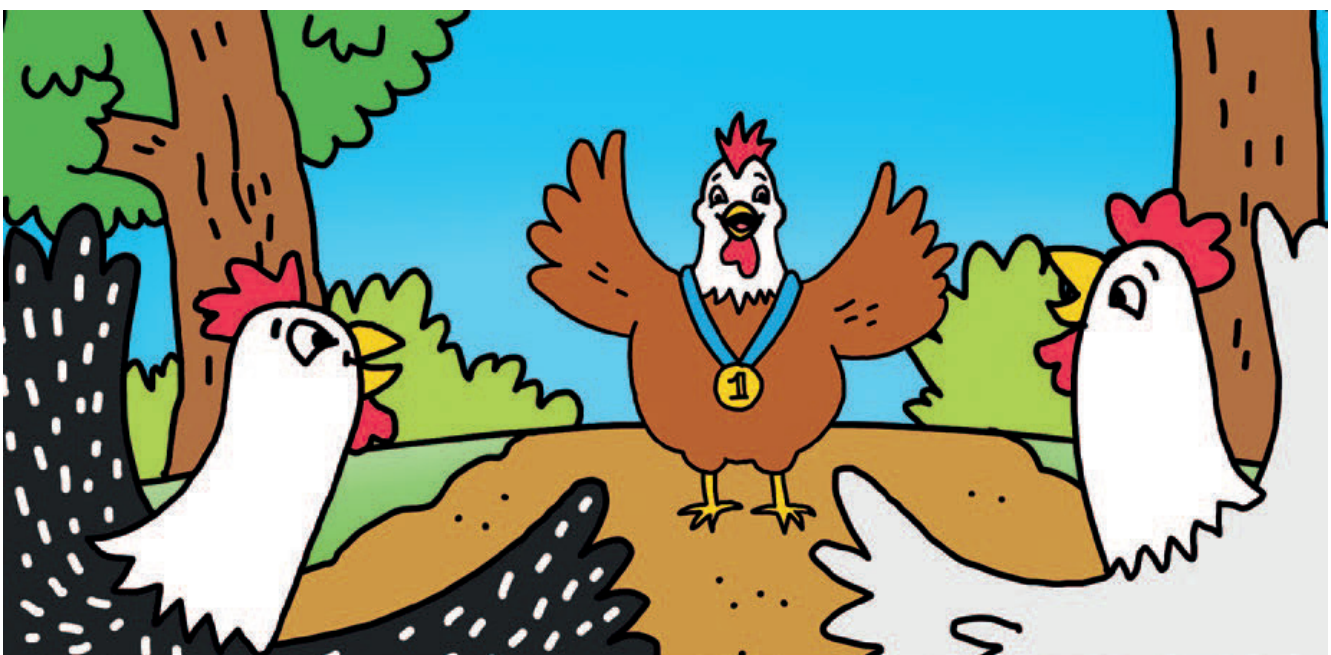
On Friday, Hetty lined up for the race.



She ran, ran and ran



... and won the race.



Hetty won a medal and she was a happy, healthy hen.

Comprehension questions

1. What did Hetty do all day?
2. What kind of food did Hetty eat?
3. What was the poster about?
4. Who helped Hetty?
5. On which day did Hetty make nine twists?

