

Ubumenyi bw'ibidukikije

**Ibiribwa, ibinyobwa
n'ibimera**

Amashuri y'inshuke mu Rwanda

Umwaka wa 1, uwa 2 n'uwa 3

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Iki gitabo ni umutungo wa Leta y'u Rwanda.

Uburenganzira bw'umuhanzi w'ibikubiye muri iki gitabo bufitwe n'Urwego
rw'Igihugu rushinzwe Uburezi bw'Ibanze (REB).

Ishakiro

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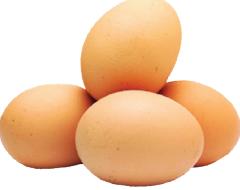
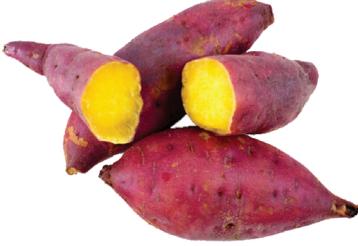
Iriburiro

Iki gitabo k' **Ibiribwa, ibinyobwa n'ibimera** kigenewe abana bo mu mashuri y'inshuke kuva **mu mwaka wa mbere** kugeza **mu mwaka wa gatatu**. Murasangamo inyigisho zijyanye n'ibiribwa biboneka iwacu, ibinyobwa biboneka iwacu n'ibimera ndetse n'imyitozo ijyanye nazo. Izi nyigisho zitondetse uhoreye mu mwaka wa mbere kugeza mu mwaka wa gatatu. Iki gitabo cyateguwe hifashishijwe integanyanyigisho ya 2015. Bityo rero, ni ngombwa kuyisoma kugira ngo ubone ibisobanuro by'inyigisho zagenewe buri mwaka w'amashuri y'inshuke.

Inyigisho 1

Ibiribwa biboneka iwacu

1. Ibiribwa bitandukanye

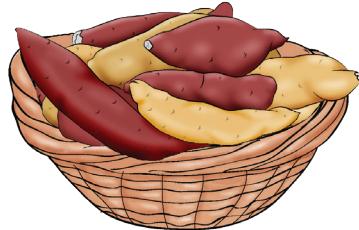
	
Ibisyimbo	Amagi
	
Inyama	Ibijumba
	
Ishu	imineke

2. Ibiribwa bikomoka ku bimera

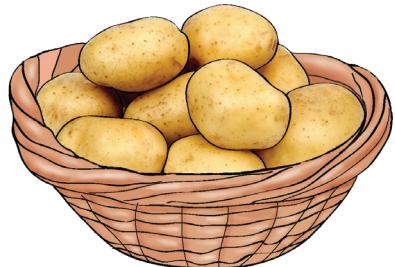
Ibiribwa ngandurarugo



Ibisyimbo



Ibijumba



Ibirayi



Amashaza



Imyumbati



Igitoki

Ibiribwa bikomoka ku bimera

Imboga



Inyanya



Imiteja



Intoryi

Ibitunguru



Ishu

Karoti

Imbuto



Amatunda



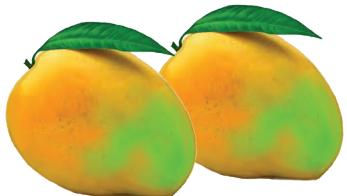
Inanasi



Imineke



Avoka



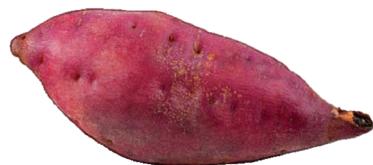
Imyembe



Amapapayi

Umukoro

Ndaca uruziga ku mbuto gusa



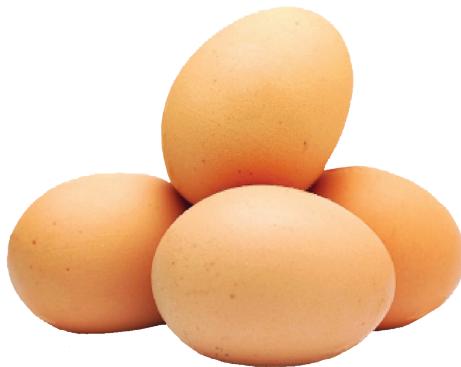
3. Ibiribwa bikomoka ku nyamaswa



Ifi



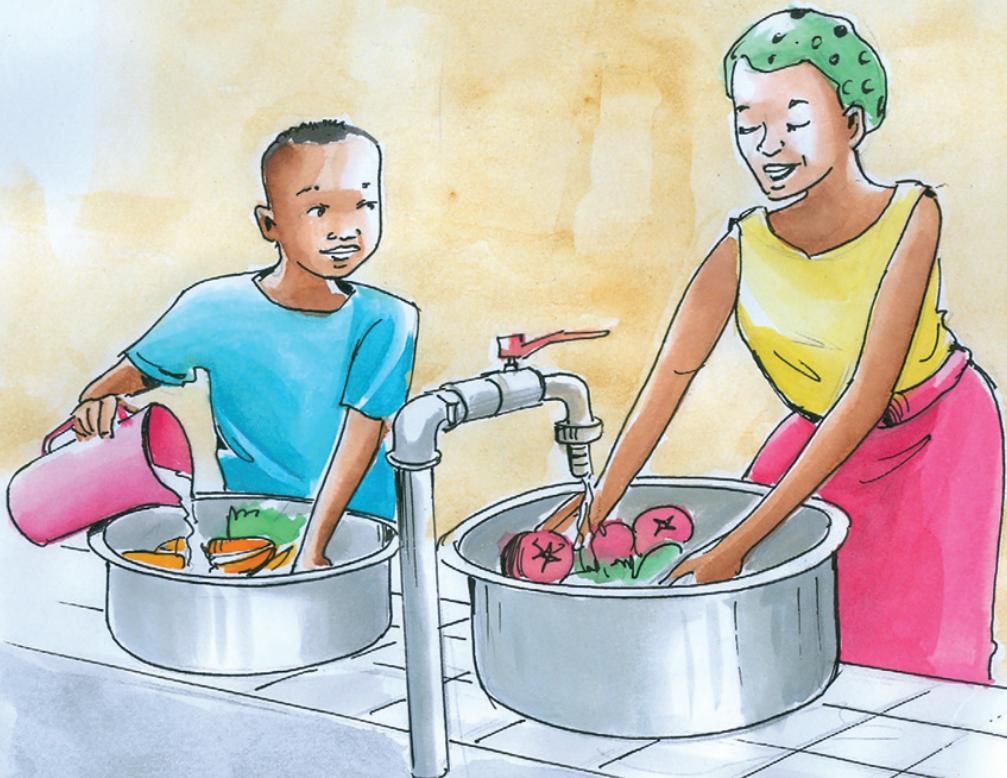
Inyama



Amagi

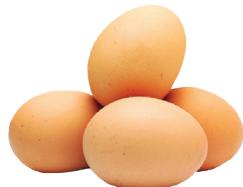
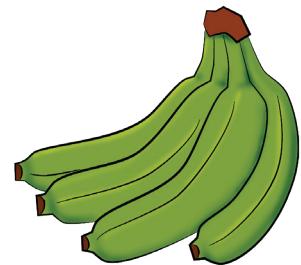
4. Isuku y'ibiribwa

Ni ngombwa gusukura ibiribwa kugira ngo nirinde indwara.



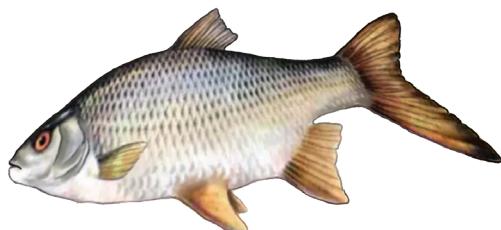
Umukoro

Ndaca uruziga ku biribwa
bikomoka ku bimera gusa



Umukoro

Ndaca akarongo ku biribwa
bikomoka ku matungo gusa



1. Ibinyobwa bitandukanye



Amazi



Icyayi



Igikoma



Umutobe



Urwagwa



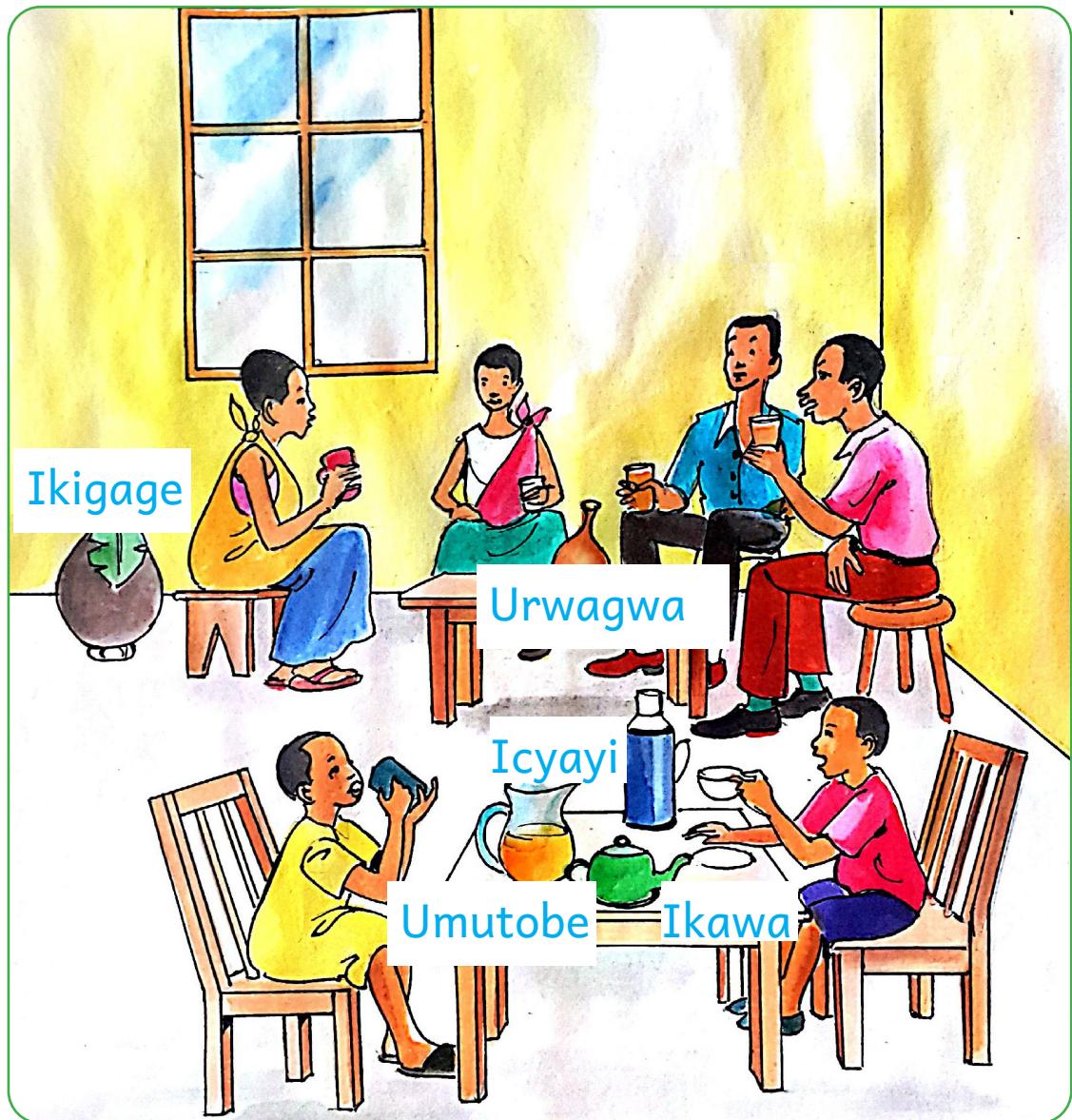
Fanta

Umukoro

Ndaca akarongo mu nsi
y'ibinyobwa nkunda



2. Ibinyobwa bikomoka ku bimera



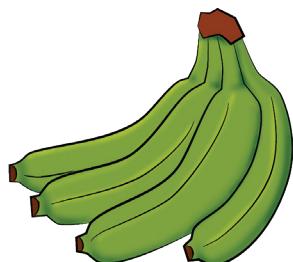
3. Ibinyobwa bikomoka ku matungo

Amata



Umukoro

Ndaca uruziga ku binyobwa gusa



4. Ibinyobwa bisindisha

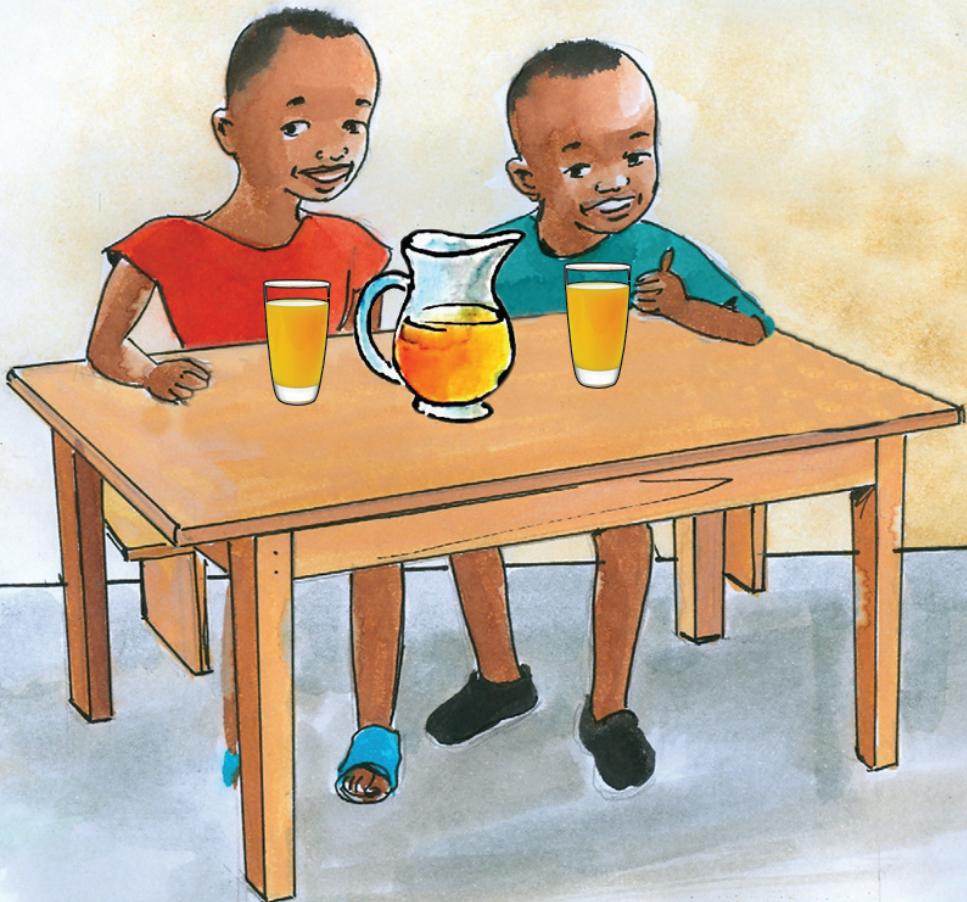


Umukoro

Ndanyuza akarongo mu
binyobwa bisindisha



5. Ibinyobwa bidasindisha bituma ngira ubuzima bwiza

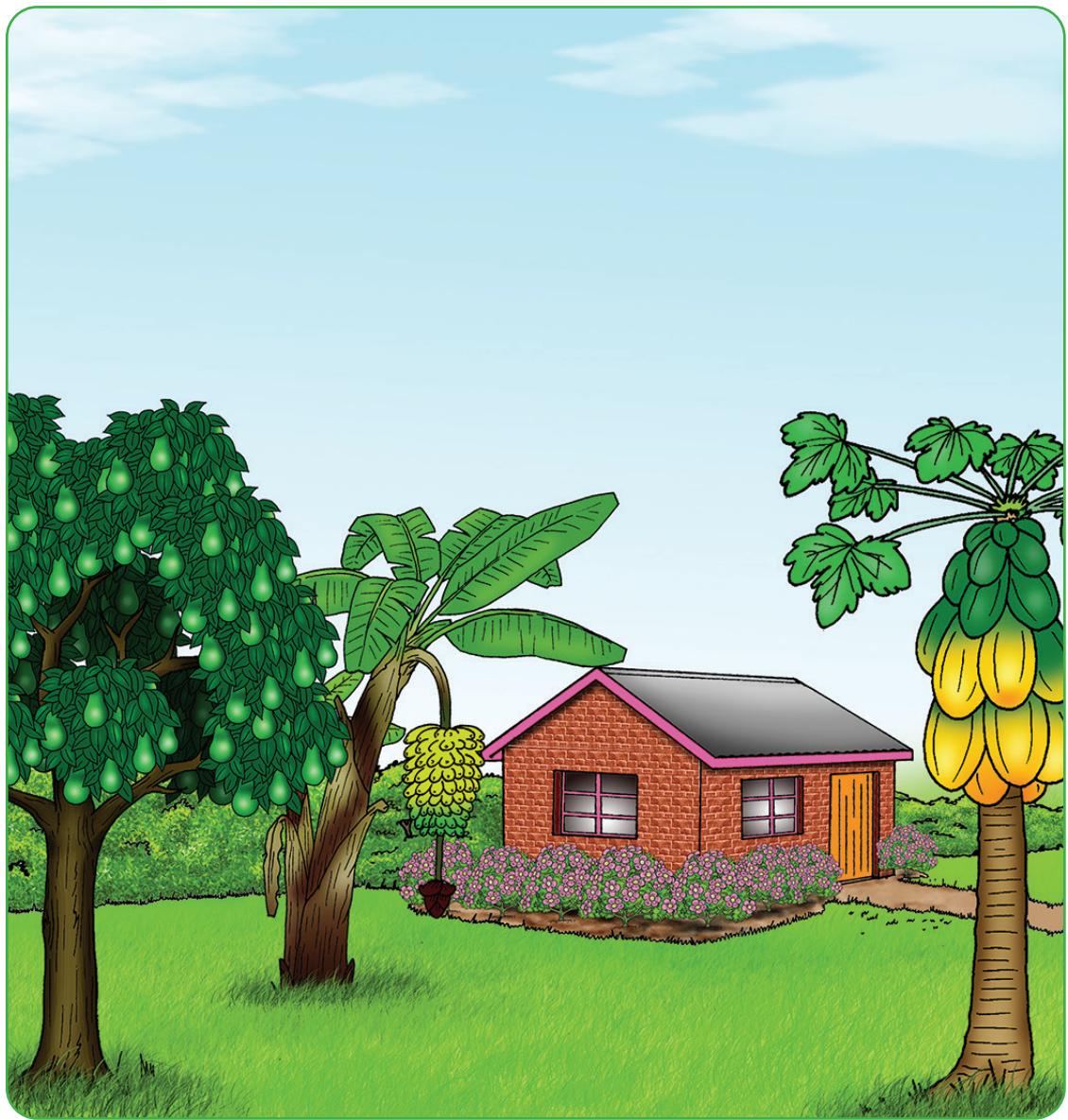


1. Ibimera biboneka mu rugo no ku ishuri

Imboga



Ibiti by'imbuto n'indabo

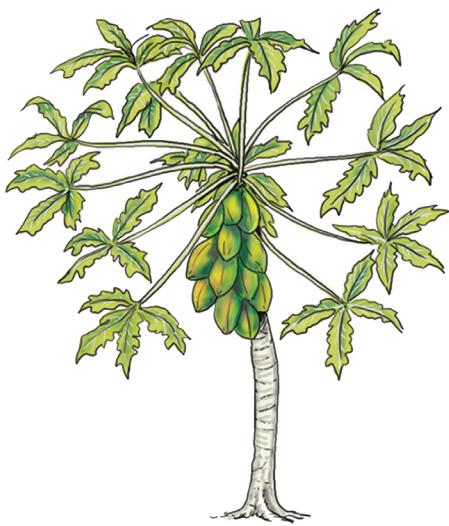
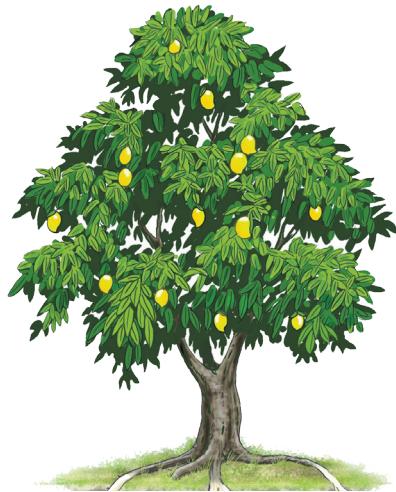


Twita ku bimera mu rugo no ku ishuri

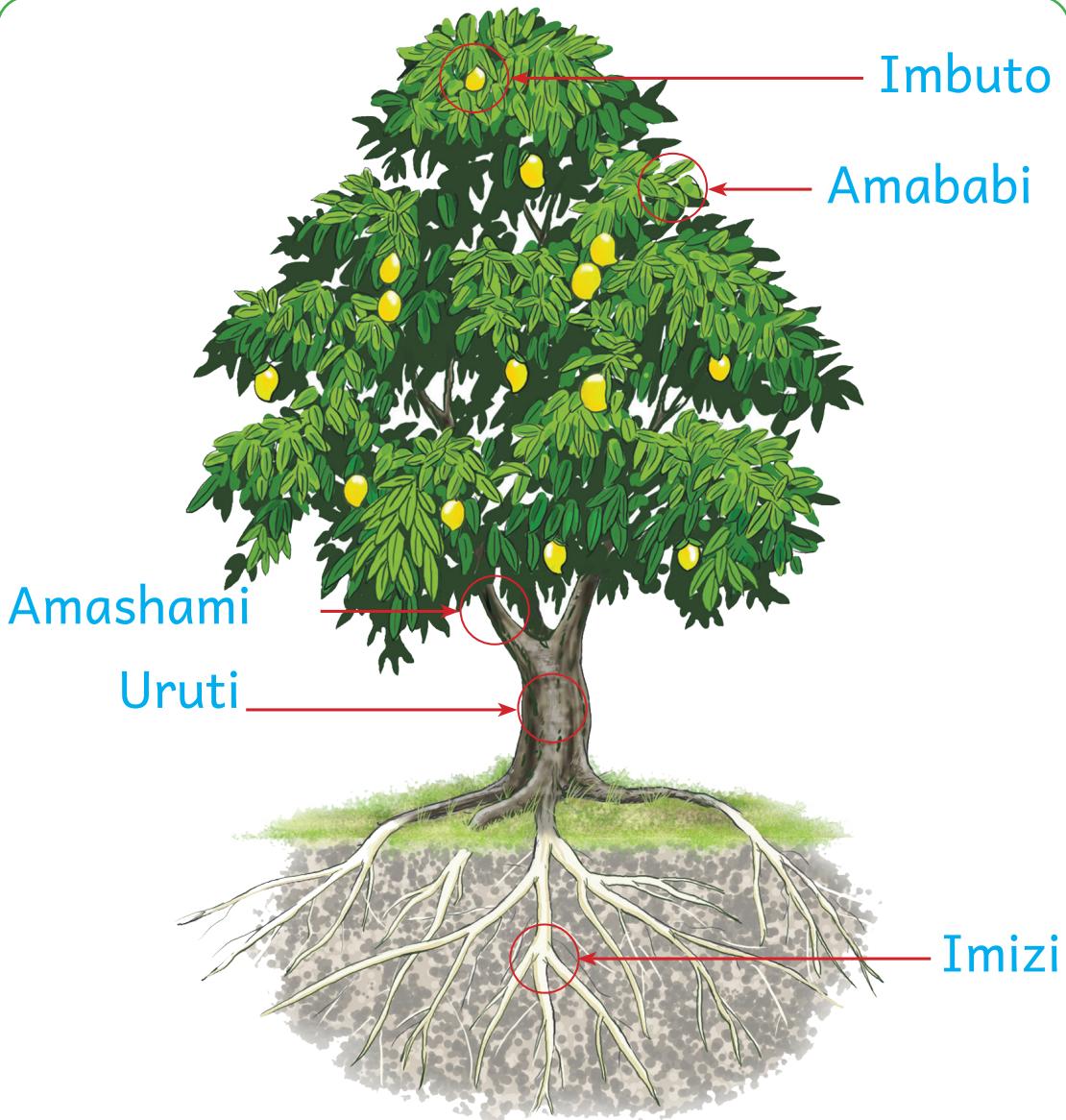


Umukoro

Ndaca uruziga ku biti by'imbuto
nariyeho

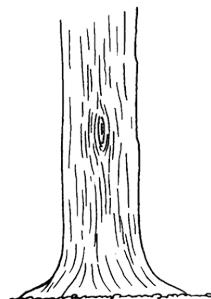
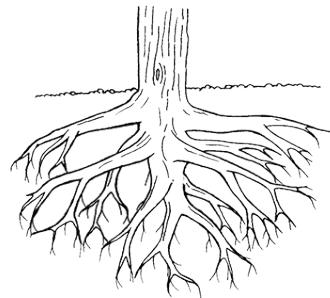
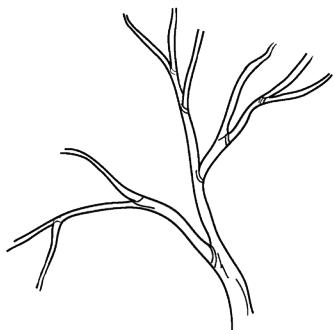
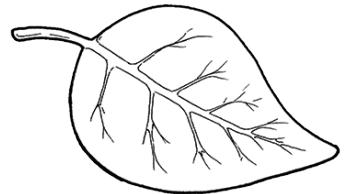
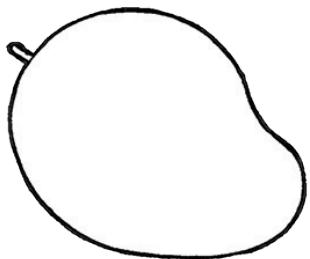


2. Ibice bigize ikimera



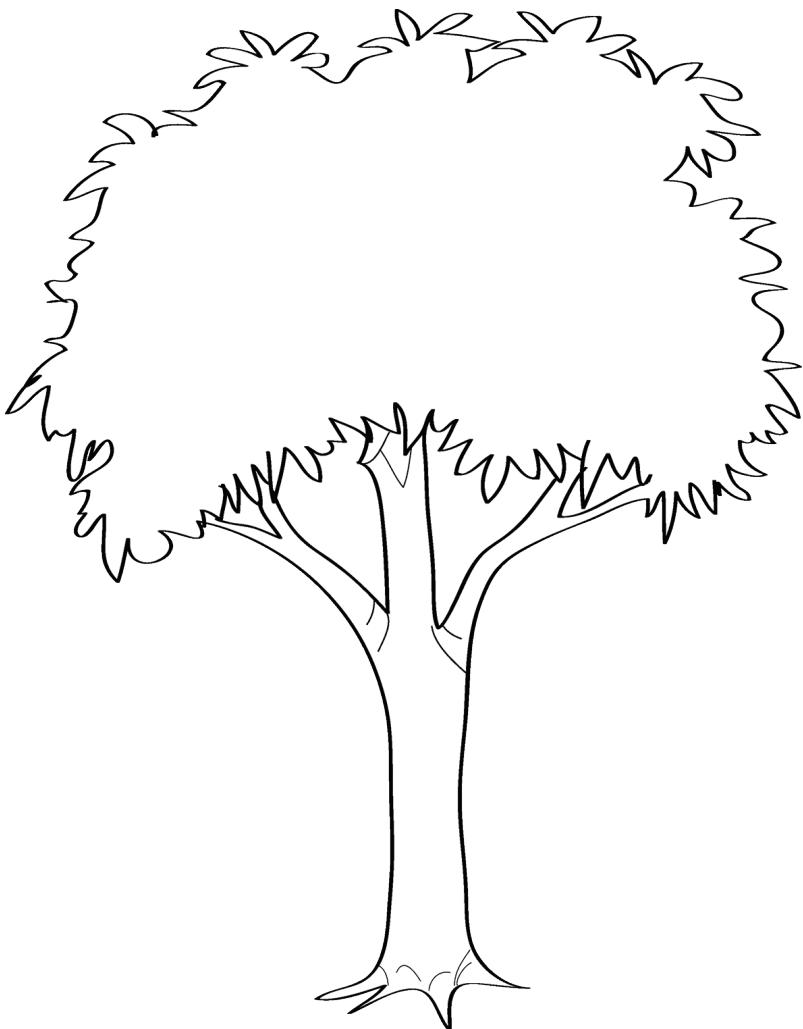
Umukoro

Ndasiga amabara ibice bigize
igiti



Umukoro

Ndasiga amabara igiti



3. Akamaro k'ibimera

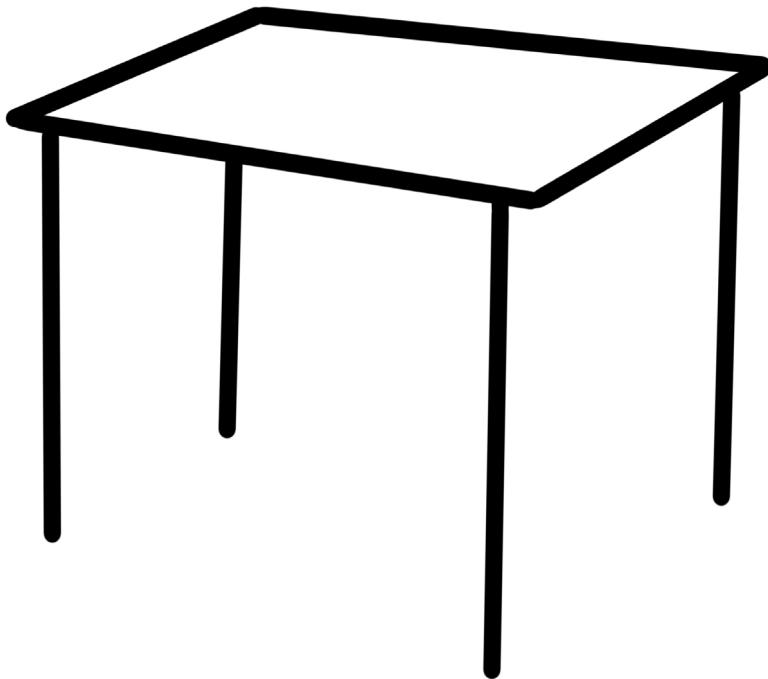
Ibimera biduha ibyo kurya



Ibiti bivamo ibikoresho

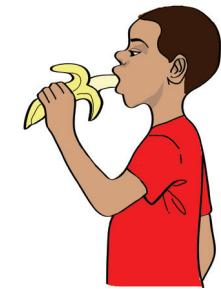
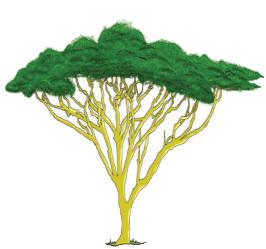


Ibiti turabyubakisha



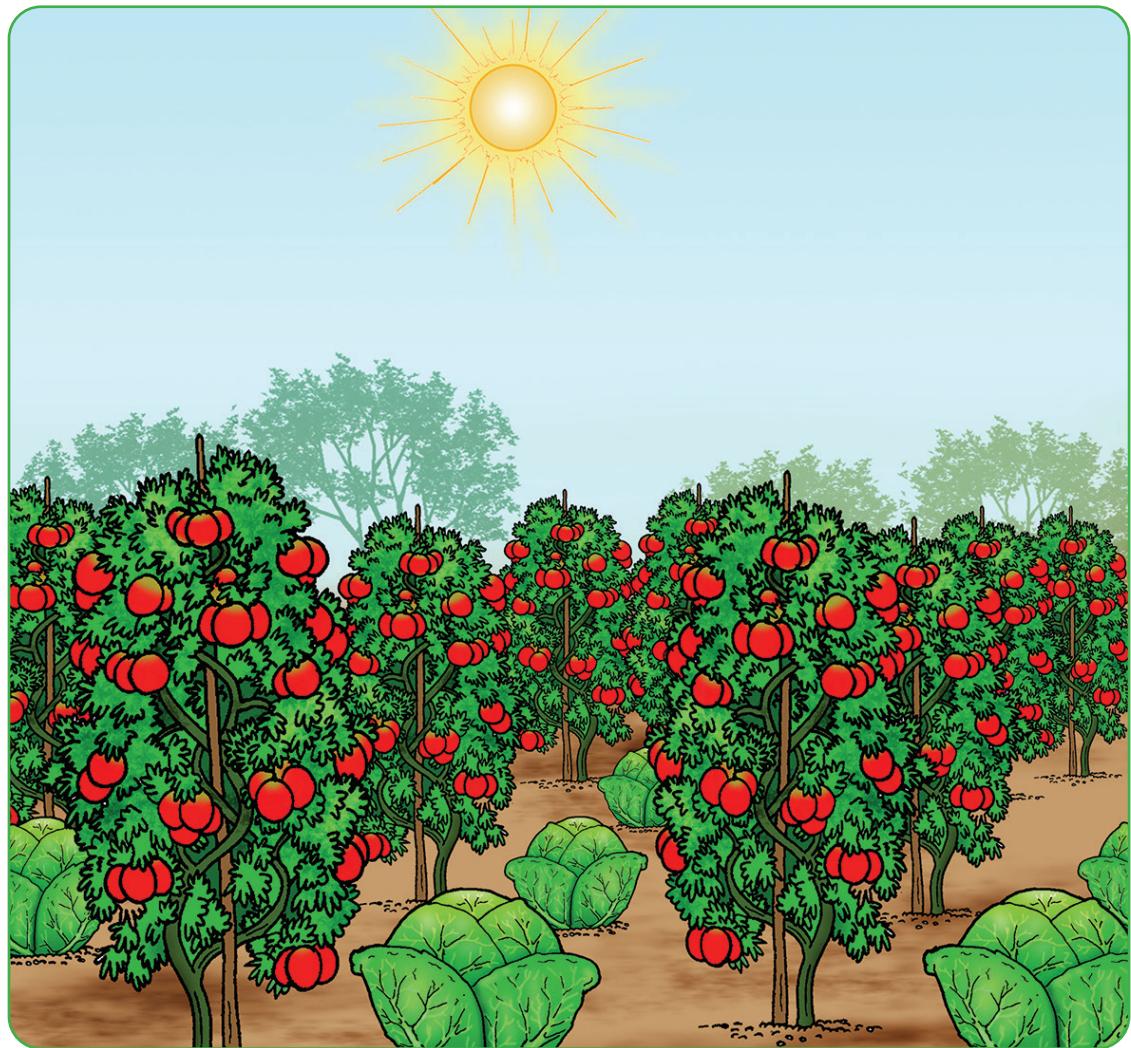
Umukoro

Ndahuza ikimera n'akamaro
kacyo

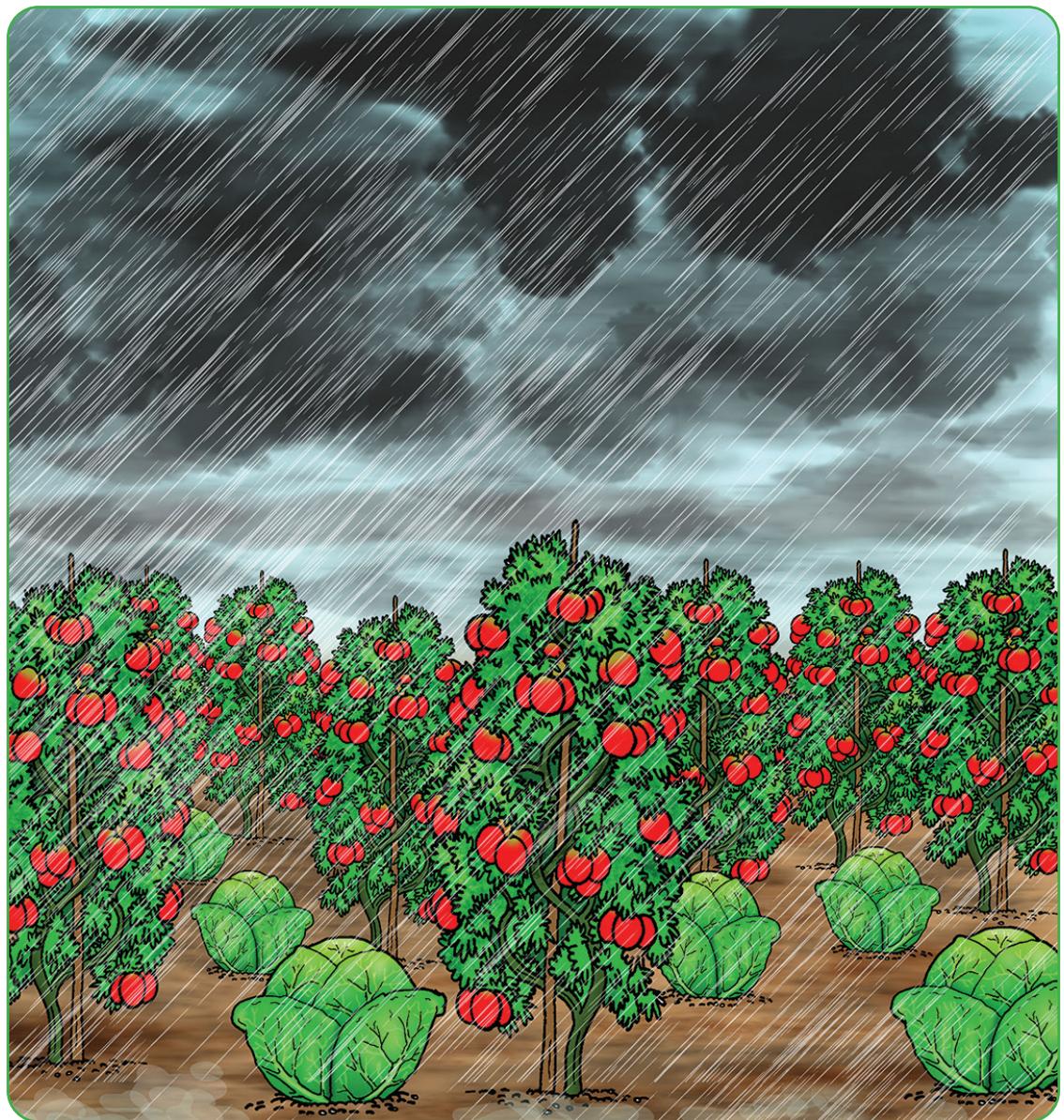


4. Ibyo ibimera bikenera kugira ngo bikure neza

Ibimera bikenera izuba



Ibimera bikenera imvura



Ibimera bikenera ifumbire



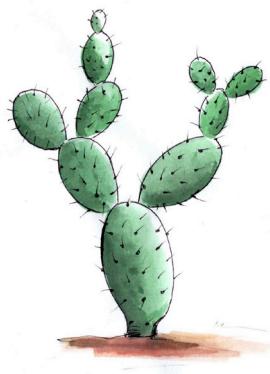
Umukoro

Ndavuga ibyo buri muntu ari
gukora



5. Ibimera byatera impanuka

Ibiti bifite amahwa:
ingabo



Ibiti bibabana:
isusa



Ibiti bifite amata:
umuyenzi

