

## CONTENT DISTRIBUTION IN WEEKS AND TERMS OF 2025/2026 SCHOOL ACADEMIC YEAR

**Subject: SET**

**Grade: Primary 1**

**Periods per week: 2 periods**

WEEKS	UNITS & LESSONS	Periods
<b>TERM 1</b>		
<b>UNIT 1: MATERIALS USED AT HOME AND AT SCHOOL</b>		<b>Periods:10</b>
Key Unit Competence: Name things we use at home and at school and identify their uses		
Week 1	School materials and their uses:	
	1. Writing materials	1
	2. Drawing materials	1
Week 2	3. Reading materials	1
	4. Time telling materials	
	5. Storing materials	1
Week 3	6. Cleaning materials	1
	Home materials and their uses:	1
	7. Kitchen and dining materials	
Week 4	8. Sitting room materials	1
	9. Bedroom materials	
	10. Home storage materials	1
	11. Home cleaning materials	
Week 5	12. End of unit assessment	2
<b>UNIT 2: ICT TOOLS</b>		<b>Periods:10</b>
Key Unit Competence: Identify various ICT tools, their uses and use a radio and a television effectively		
Week 6	<b>Lessons</b>	
	1.Names of ICT tools	2
Week 7	2.Uses of ICT tools	2
Week 8	3.Using a radio	2
Week 9	4.Using a television	2
Week 10	5.End of unit assessment	2

<b>UNIT 3: WATER (Part 1)</b>		<b>Periods:10</b>
<b>Key Unit Competence:</b> Name where water comes from and why water is important		
Week 11	1. Sources of water	2
Week 12	2. Types of water	2
Week 13	3. Importance of Water: - Importance of water - Washing the handkerchief.	2
<b>Week 14 &amp; 15</b>	<b>End of term 1 exams</b>	
<b>TERM TWO</b>		
<b>UNIT 3: WATER (Part 2)</b>		
<b>Key Unit Competence:</b> Name where water comes from and why water is important		
Week 1	-Exercises/activities on the content	2
Week 2	4. End of unit assessment	2
<b>UNIT 4: ANIMALS</b>		<b>Periods:10</b>
<b>Key Unit Competence:</b> Identify domestic, wild and aquatic animals and their importance.		
Week 3	1. Domestic animals and their importance	2
Week 4	2. Wild animals and their importance	2
Week 5	3. <b>Aquatic animals</b> • Identification of aquatic animals • Importance of aquatic animals	2
Week 6	Exercises/activities on the content	2
Week 7	4. End of unit assessment	2
<b>UNIT 5: PLANTS (Part 1)</b>		<b>Periods:8</b>
<b>Key Unit Competence:</b> Name plants that people grow and plants that grow on their own		
WEEK 8	1. Cultivated plants	2
WEEK 9	2. Non-cultivated plants (Natural vegetation)	2
<b>UNIT 5: PLANTS (Part 2)</b>		
<b>Key Unit Competence:</b> Name plants that people grow and plants that grow on their own		
Week 10	Exercises/activities on the content	2
Week 11	3. End of unit assessment	2
<b>Week 12 &amp; 13</b>	<b>End of term 2 exams</b>	

<b>TERM THREE</b>		
<b>UNIT 6: MAIN PARTS OF HUMAN BODY</b>		<b>Periods:18</b>
<b>Key Unit Competence:</b> Name main body parts, say what they do, and keep them clean		
Week 1	1.Main parts of human body	2
Week 2	2. Parts of the head	2
Week 3	3. Taking care of human body parts: Washing our body	2
Week 4	4. Taking care of human body parts: Washing hands	2
Week 5	5. Taking care of human body parts: Brushing the teeth	2
Week 6	6. Taking care of human body parts: Cleaning noses	2
Week 7	7. Taking care of human body parts: Doing sports	2
Week 8	Exercises/activities on the content	2
Week 9	8. End of unit assessment	2
<b>Week 10 &amp; 11</b>	<b>End of term 3 exams</b>	